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## WHAT IS INDIRECT TRAUMA?

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### Participant Guide

What is Indirect Trauma and how can it impact an individual?

How are these similar and different?

- Vicarious Trauma:
- Secondary Traumatic Stress:
- Compassion Fatigue:
- Stress:
- Burnout:

What are some symptoms of Indirect Trauma?

In relation to the video, *What is Indirect Trauma? ...*

What was one of your takeaways?

What question popped up?

How might you put this information into action?